

# Get a kit. Make a plan. Be informed.

It's important to prepare for possible disasters and other emergencies. Natural and human-caused disasters can strike suddenly, at anytime and anywhere. There are certain actions everyone can take that can help make a difference.



**American Red Cross**  
U.S. Virgin Islands

## Be Red Cross Ready Checklist

- I know what emergencies or disasters are most likely to occur in my community.
- I have a family disaster plan and have practiced it.
- I have an emergency-preparedness kit.
- At least one member of my household is trained in first aid and CPR/AED.

## Get a kit

- 1 gallon of water per person per day
- 3-day supply of non-perishable, easy-to-prepare food
- Medical items
- Flashlight
- Extra batteries
- Battery-powered or hand-crank radio
- Copies of personal documents
- Cell phone with chargers
- Family and emergency contact information
- Maps of the area

## Make a plan

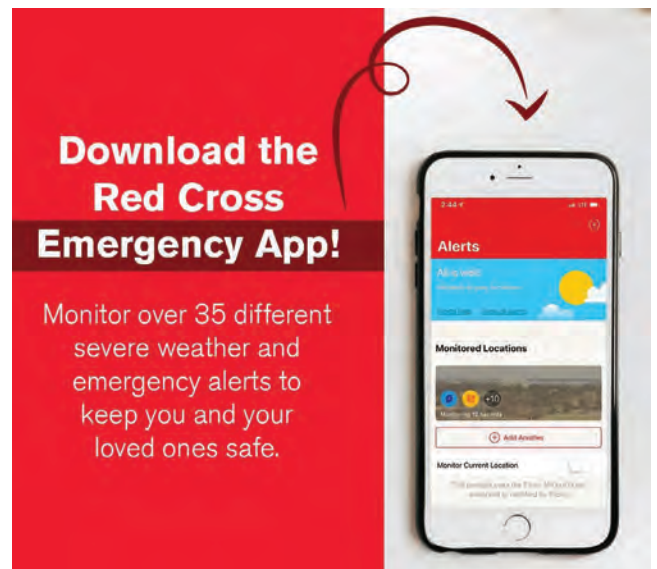
- Meet with your household members; discuss how to prepare for emergencies likely to happen where you live, learn, work and play.
- Identify responsibilities for each family member.
- Choose two places to meet, if separated by an emergency:
  - Right outside your home in case of a sudden emergency, such as fire.
  - Outside your neighborhood, in case you cannot return home or are asked to evacuate.
- Choose out-of-area emergency contact; all household members should have emergency-contact information in writing or in their cell phones.

## Plan what to do if you have to evacuate

- Decide what route you would take and how you would get there.
- Practice evacuating home twice a year.
- Plan ahead for your pets. Keep a phone list of pet-friendly hotels/motels and animal shelters.

## Be informed

- Identify how local authorities will notify you during a disaster and how you will get information, whether through local radio, TV or NOAA Weather Radio stations.
- Know the difference between different weather alerts, such as watches and warnings, and what actions to take in each.



To learn more about disaster preparedness, visit [redcross.org](http://redcross.org)



# Give Back to Humanity

## About Us

The American Red Cross of the U.S. Virgin Islands serves the islands of St. Croix, St. Thomas, St. John and Water Island with offices in St. Croix and St. Thomas. The USVI team is part of a nationwide network of locally-based Red Cross chapters and is dedicated to meeting the immediate disaster-caused needs of individuals, families and communities. We provide programs and services that help our island community prepare for, respond to and recover from disaster big and small.

### Contact info

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Christiansted, VI 00820-5203  
340-778-5104

ST. THOMAS OFFICE  
*Serving St. Thomas, St. John & Water Island districts*  
3800 Gasverks Gade  
St. Thomas, VI 00802  
340-774-0375

Website: [Redcross.org/USVI](http://Redcross.org/USVI)



[facebook.com/RedCrossUSVI](https://facebook.com/RedCrossUSVI)

## How You Can Help

### Become a volunteer

Volunteers carry out 90% of the humanitarian work of the Red Cross. They are the heart and soul of our mission, and they are as diverse as the people receiving Red Cross services. It takes all kinds of people to make this organization work — different ages, different backgrounds and different skills. If you are interested in helping us provide service to our island community, please visit [redcross.org/volunteer](http://redcross.org/volunteer), call one of our local offices, or scan the QR code below to get started today.

### Make a donation

Every 8 minutes, someone affected by disaster is helped by donations to the Red Cross. From house fires to hurricanes, your gift supports the lifesaving mission of the Red Cross in our community, across the country and around the world. Visit [redcross.org/Viya](http://redcross.org/Viya), call 1-800 RED CROSS, or scan the QR code below to make a donation of any amount.

#### Volunteer



SCAN ME

#### Donate



SCAN ME



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**Viya**